

Make every day special!

Dare

January/February 2009

It's a New Year, and that means a fresh start. For 2009, our plan is to bring you tips on having fun, keeping healthy, and balancing your work life and home life. And, of course, we'll be offering some tasty recipes too!

Three Cheese Dip

Ingredients:

6 oz cream cheese, softened
6 oz cheddar cheese
4 oz Monterey Jack cheese
chopped chives (optional)
Vinta Squares

[Click here for the recipe](#)



[More Recipes](#)

Tips for Making Every Day Special



Before leaving work each day, make a list of tasks to be tackled the next day. This enables you to **hit the ground running** each morning. And what a great sense of accomplishment you'll feel as you cross off those completed tasks throughout the day.



Did you resolve to be more health-conscious this year? A **balanced diet** certainly is key. Our [Vinta](#) and [grainsfirst](#) crackers are tasty snacks, and they're an excellent way to add nutritious and beneficial fiber to your diet.



The holidays are now behind us, but fun times with friends and family don't need to be. **Invite folks over for a game night**...and don't forget to break out the [three-cheese dip](#) and crackers!



Ensuring some private time each day can lead to a more satisfying personal life. When you get home from work, **turn off the cell phone, Blackberry, and e-mail for a few hours**. Make time each day just for you and your loved ones.



For more than 115 years, Dare has been a solid, family-owned business. Our commitment always will be focused on bringing you and your family flavorful, nutritious, high-quality food products.